

# Bulletin 3 - Update



## German Sprint Championships

### Qualification:

**Distances:** Parking – CC: 100m; CC – Start: 900m, 70 HM;  
Finish – CC: 500m

**Terrain:** The qualifying terrain consists of a mixture of extensive, hilly residential areas, steep and difficult to run on forest with a dense network of paths as well as parkland. Trail running shoes recommended.

**Map:** Freital - Stadion des Friedens, last update 05/2024,  
Scales: 1:3.000: D/H12, from D/H55, DirKL, DirML; 1:4000: all other categories  
Equidistance: 2,5 m,  
Map symbols: ISSprOM 2019-2 (rev. 2022),  
Size: A4, 4 color laser printing, Pretex  
  
Special map symbols: ✕ playground equipment, pillar, historical exhibition objects

**Special remarks:** The railway tracks shown on the map can be passed (according to ISSprOM). There are no trains on this route on Saturday.

In the last part of the course there are many meadows, which have been marked in **olive**.

Trespassing is **prohibited** and will be penalized with disqualification. At critical points, it will be additionally marked with **blue** or **red and white** tape.

For better legibility, fences that mark off private property (olive) from the road have not been included in the qualification.

In residential areas, entrances to private property have been included (shortened) if they cannot be closed by a gate.

Most courses pass a large marked (**red and white**) restricted area at the start.

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## German Sprint Championships

### Finals:


**Quarantine:** All starters must be in the stadium by 2:00 pm. After the competition, the stadium can be left on main roads only. The parking lot will remain closed until the finish (approx. 6:00 pm).

**Distances:** CC – Start: 600m; Finish: at stadium

**Terrain:** The finals will take place in open road and park terrain. Trail running shoes recommended.

**Map** Freital - Stadion des Friedens, last update 05/2024,  
Scales & size:  
1:3.000 & (38 cm x 25 cm): D/H12, from D/H55, DirKL, DirML;  
1:4000 & A4: all other categories  
Equidistance: 2,5 m  
Map symbols: ISSprOM 2019-2 (rev. 2022)  
Print: 4 color laser, Pretex

Special map symbols: ✕ playground equipment, pillar, historical  
exhibition objects

 spiral staircase

**Special remarks:** In the first part of the course there are some meadows that are **forbidden** to pass. These are marked in **olive** and are additionally marked in **blue** at critical points in the terrain.

There are some **out-of-bounds boundaries** in the terrain, which are usually marked at waist height with **red and white** tape. The tape rarely had to be placed on the ground.

Wettkampzentrum:

